

# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Heart Rhythm Meditation: NONE <i>The Power of Joy</i> 10:30 a.m. Music: Janie Womack & Jody Echterling	<b>2</b> Yoga 6:30-8:00 p.m.	<b>3</b> Heart Rhythm Meditation NONE	<b>4</b>	<b>5</b> Yoga 10-11:30 a.m.	<b>6</b>	<b>7</b>
<b>8</b> Heart Rhythm Meditation: 9:00- 9:30 a.m. <i>Work is Love Made Visible</i> 10:30 a.m. Music: Janie Womack & Jody Echterling Project 2025	<b>9</b> Yoga 6:30-8:00 p.m.	<b>10</b> Heart Rhythm Meditation 12:00 p.m.	<b>11</b> Spirit Sisters 10:00 a.m. WDOP Sound Immersion 7:00 p.m.	<b>12</b> Yoga 10-11:30 a.m. World Day of Prayer Service 7:00 p.m.	<b>13</b>	<b>14</b>
<b>15</b> Heart Rhythm Meditation: 9:00- 9:30 a.m. <i>The 12 Powers: Imagination—Willy Wonka</i> 10:30 a.m. Music: Janie Womack & Jody Echterling Youth Ed      HUG Meeting	<b>16</b> Yoga 6:30-8:00 p.m.	<b>17</b> Heart Rhythm Meditation 12:00 p.m.	<b>18</b> Council Meeting 10:00 a.m. Spirit Sisters 10:00 a.m.	<b>19</b> Yoga 10-11:30 a.m.	<b>20</b>	<b>21</b>
<b>22</b> Heart Rhythm Meditation: 9:00- 9:30 a.m. <i>The 12 Powers: Will – The Sound of Music</i> 10:30 a.m. Music: Janie Womack & Jody Echterling	<b>23</b> Yoga 6:30-8:00 p.m.	<b>24</b> Heart Rhythm Meditation 12:00 p.m. Taize Service 7:00 p.m.	<b>25</b> Spirit Sisters 10:00 a.m.	<b>26</b> Yoga 10-11:30 a.m.	<b>27</b>	<b>28</b>
<b>29</b> Heart Rhythm Meditation: 9:00- 9:30 a.m. <i>The 12 Powers: Divine Order – Mary Poppins</i> 10:30 a.m. Music: Janie Womack & Jody Echterling	<b>30</b> Yoga 6:30-8:00 p.m.	Eastern Region Conference				