

# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<b>3</b> <b>Heart Rhythm Meditation: 9:00- 9:30 a.m.</b> <i>Guest Speaker: Gwen Ward</i> <i>Mind the Gap 10:30a.m.</i> <b>Music: Janie Womack &amp; Jody Echterling</b>	<b>4</b> <b>Yoga</b> <b>6:30-8:00 p.m.</b>	<b>5</b> <b>Heart Rhythm Meditation</b> <b>12:00 p.m.</b>  <b>Election Day</b>	<b>6</b> <b>Spirit Sisters</b> <b>10:00 a.m.</b>	<b>7</b> <b>Yoga</b> <b>10-11:30 a.m.</b> <b>Reading the Bible Again for the First Time 7p.m.</b>	<b>8</b>	<b>9</b>
<b>10</b> <b>Heart Rhythm Meditation: 9:00- 9:30 a.m.</b> <i>Ask the Rev 10:30 a.m.</i> <b>Music: Janie Womack &amp; Jody Echterling</b>	<b>11</b> <b>Yoga</b> <b>6:30-8:00 p.m.</b>	<b>12</b> <b>Heart Rhythm Meditation</b> <b>12:00 p.m.</b>	<b>13</b> <b>Spirit Sisters</b> <b>10:00 a.m.</b>	<b>14</b> <b>Yoga</b> <b>10-11:30 a.m.</b> <b>Reading the Bible Again for the First Time 7p.m.</b>	<b>15</b>	<b>16</b>
<b>17</b> <b>Heart Rhythm Meditation: 9:00- 9:30 a.m.</b> <i>Homecoming/ Volunteer Appreciation 10:30 a.m.</i> <b>Music: Janie Womack &amp; Jody Echterling</b>  <b>Youth Ed &amp;HUG Meeting</b>	<b>18</b> <b>Yoga</b> <b>6:30-8:00 p.m.</b>	<b>19</b> <b>Heart Rhythm Meditation</b> <b>12:00 p.m.</b>	<b>20</b> <b>Spirit Sisters</b> <b>10:00 a.m.</b>	<b>21</b> <b>Yoga</b> <b>10-11:30 a.m.</b> <b>Reading the Bible Again for the First Time 7p.m.</b>	<b>22</b>	<b>23</b>
<b>24</b> <b>Heart Rhythm Meditation: 9:00- 9:30 a.m.</b> <i>Count Your Blessings/ Love Feast/ Christmas Decorating 10:30 a.m.</i> <b>Music: Janie Womack &amp; Jody Echterling</b>	<b>25</b> <b>Yoga</b> <b>6:30-8:00 p.m.</b>	<b>26</b> <b>Heart Rhythm Meditation</b> <b>12:00 p.m.</b>	<b>27</b> <b>Spirit Sisters</b> <b>10:00 a.m.</b>  <b>Council Meeting</b>	<b>28</b> <b>Happy Thanksgiving!</b>	<b>29</b>	<b>30</b>